

Ignatius Hall & McKiernan Hall

Policies, Rules, & Agreements

1. Ignatius Hall & McKiernan Hall are continuing care rehabilitation facilities owned and operated by Sober Living Communities, LLC to provide a safe and transformational living environment for men participating in long-term substance addiction treatment services. Ignatius Hall & McKiernan Hall function as a therapeutic community where a high level of responsibility, structure, accountability, and therapeutic activity are implemented to promote sustainable long-term change in men with chronic substance addictions.
2. Ignatius Hall & McKiernan Hall are managed by a primary Program Manager that oversees all business, maintenance, and client activities in accordance with policies and regulations. Ignatius Hall & McKiernan Hall also employ a Resident Manager to assist in managing the day-to-day operations. The Resident Manager is responsible for providing after hour supervision, support, and assistance to residents and staff.
3. All men residing at Ignatius Hall & McKiernan Hall must be enrolled in long-term substance use treatment services with The Revolution in Counseling prior to entry. Residents must follow all recommendations, treatment activities, and changes set forth by staff and therapists at The Revolution in Counseling. Discharge, non-compliance, or refusal to participate in treatment services with The Revolution in Counseling is grounds for immediate dismissal from the facilities. If you are dismissed from residency for violation of policies at Ignatius Hall & McKiernan Hall, your emergency contact will be notified as well as The Revolution in Counseling and all other referring agencies.
4. Ignatius Hall & McKiernan Hall operate and maintain its operations through a weekly service fee structure. Residents are required to pay a \$100.00 weekly service fee to: Sober Living Communities, LLC. Payments are collected every Monday. Failure to remain current on or to pay one's service fee on time will result in dismissal from the residences. Any exceptions or payment plan arrangements must be approved and evaluated by management prior to admission into the Houses. If a resident chooses to leave during the week or is dismissed from the residence for any reason, no refunds will be granted after payment is collected.
5. A transportation fee ranging between \$7.00- \$20.00, as determined by owner of the company providing the transportation, is also required weekly and is collected on Mondays. If a resident chooses to leave during the week or is dismissed from the residence for any reason, no refunds will be granted after payment is collected.
6. Ignatius Hall & McKiernan Hall are abstinence-based, alcohol and drug free facilities. There is a zero-tolerance policy for possession of or use of mind-altering substance any kind including the use of synthetics (Kratom, Spice, Bath salts, etc.), CBD supplements, prescription drugs, and altering over-the-counter medications. Possession or use of mind-altering substances of any kind will result in immediate dismissal from the premises and referral to the necessary level of care.

7. Residents having knowledge of another resident using mind altering substances must report it to management immediately. Failure to report and/or cover up substance use will result in being asked to leave the premises.
8. Residents will be asked to take periodic observed urine drug screens at random and upon any suspicion of substance use. Any resident found to be under the influence of mind-altering substances or testing positive on a drug screen will be referred to a local detox center, asked to leave the premises immediately, an emergency contact will be notified as well as The Revolution in Counseling and all other referring agencies. Residents have one hour to complete a drug screen upon request and must not leave the visible area until it is completed. If staff determines that a laboratory test is needed for better determination, residents will be required to pay for the test at a laboratory approved by staff. Refusal to take or pay for a drug screen upon staff request or altering a drug screen in any way is grounds for immediate dismissal from the premises.
9. Any medically necessary medications must be evaluated and approved by Ignatius Hall & McKiernan Hall management and The Revolution in Counseling's professional team prior to a resident's possession of or a resident bringing them on the premises. No medications that have any "street value" or intoxicating effects (narcotic pain medications, benzodiazepines, opioid withdrawal and maintenance drugs, stimulant based ADHD drugs, etc.), as determined by management at the facility and the treatment staff at The Revolution in Counseling, will be permitted on the premises or be allowed to be taken by residents in their time at the facilities. If any prescription medications are permitted by staff, they must be kept in a locked location and be properly self-administered by the resident with a staff or peer witness present.
10. Residents at Ignatius Hall & McKiernan Hall are expected to support, encourage, and hold each other accountable to the standards of the houses. As a therapeutic community of men working toward change it is required for residents to be a part of each other's recovery process and to deal with conflicts in a productive and therapeutic way.
11. Aggression, violence, bullying, and threats are not allowed or permitted. Any instances of violence, assault, fighting, or threats of violence will result in immediate dismissal from the premises.
12. Vulgar and disrespectful language is not allowed. The use of biased, bigoted, sexist, racist, and discriminatory language is not acceptable or permitted. Living in a continuing care therapeutic community is an opportunity to challenge old unconscious beliefs and language patterns learned and supported by prior familial and societal norms. Residents are expected to challenge and hold each other accountable to this.
13. To maintain safe and sober environment, management reserves the right at any time to inspect and search all personal or communal property on the premises as well as property entering the premises.
14. Sober Living Communities, LLC is not responsible for any lost or stolen property of residents. Ignatius Hall & McKiernan Hall operate a therapeutic community with a high level of accountability and

integrity. Theft of any house property or a peer's belongings compromises the primary trust of the therapeutic community and will result in dismissal from the residence.

15. Upon leaving the program for any reason residents will have three calendar days to pick up all their belongings. After three days all remaining personal belongings will either be donated to a local charity or be thrown out.
16. Sexual activity, sexual advances, and sexual harassment with peers or others in the outside community is not permitted. This includes the use and possession of pornographic materials. Commitment toward change in the recovery process is distracted by sexual relationships and sexual entanglements which often lead to relapse when one is not ready to be emotionally responsible and cautious with their sexual behavior. Any romantic relationships must have approval and agreement from management staff as well as The Revolution in Counseling's clinical team prior to entry.
17. Tobacco and nicotine use are permissible in designated areas out back of the facilities during free times. Residents are to respect all smoking and nicotine use policies while attending outside meetings and while being in other public places.
18. Possession of weapons by a resident are strictly forbidden at any time while enrolled at Ignatius Hall & McKiernan Hall. Guests are also not allowed to bring weapons on to the property. Residents are not allowed to carry pocketknives at the houses. If a resident is required to use a knife for work purposes while on the job, then it must be stored appropriately.
19. All guests who visit Ignatius Hall & McKiernan Hall must have prior approval from management. No guests are permitted to be upstairs or in any of the bedrooms at any time. Guests are allowed only during the hours of 9:00AM and 10:00PM.
20. Borrowing, selling, trading, and/or gambling of goods, services, and money is not allowed by residents on or off the property. Residents can freely give to one another but cannot charge them or make any "deals" with them. As a therapeutic community there is no room for conflicts about monetary obligations to one another nor any room capitalist leverage or debt to each other.
21. Ignatius Hall & McKiernan Hall has an established and regulated "Community Fund" that every resident contributes to for the purpose of covering the cost of miscellaneous items that all residents use and support for new residents.
22. Parking is permitted in the rear parking area behind the McKiernan Hall and on the street in front of the two facilities. Do not park in front of the neighbor's house (1041 S. Jackson St.) or in front of the Pearson & Marzian Upholstery Shop (501 E St Catherine St).
23. Upon admission each resident will be given a door access code. The access door must be locked at all times while residents are both in and out of the houses. This is a highly secure and private property and resident's access code must not be given out at any time. Giving out an access code to non-residents will result in dismissal from the houses. The security door is locked by key every time all residents are away from the house. Residents will earn trust with a key when they have been a

resident for 30+ days or management deems necessary. Keys must be returned upon moving out of the program. This is essential to the safety and security of residents and their property.

24. Each resident will be assigned a specific laundry day upon admission and will be posted on the chore board. This is the day assigned to each resident for washing their cloths each week. Residents are required to wash their soiled laundry weekly and maintain clean clothing and bedding habits.
25. A bed and room will be assigned to each resident upon entry which will rotate as people complete their stay at the facilities. Residents are only allowed to store their personal items in the cabinet and closet assigned. Additional storage is available in assigned locations in the basement. Bedrooms are inspected daily to assure that impeccable living standards are maintained.
26. Before leaving each morning, residents must all gather as a group on the front porch at the scheduled time and wait while the bedroom inspector does a walk through to check and approve of the entire house for departure. Each resident must pass the house and bedroom inspection before leaving for work. If there are infractions found by the inspector, the resident responsible must fix the issue with approval before leaving. All Residents must be responsible in making sure that no items are left out (no clothes, chargers, papers, change, etc.), bed is made up to standard, and no more than 2 pairs of shoes are left neatly under the bed.
27. Residents will be assigned a pantry area and refrigerator area where they can store and access their food. Residents are responsible for purchasing and cooking their own meals. Do not take or eat another resident's food without asking.
28. All maintenance issues will be addressed and fixed by Sober Living Communities, LLC management. Blatant destruction of facility property is unacceptable and is grounds for dismissal and the cost of the damages will be billed to any resident responsible. If something on the property or in the facilities is damaged or breaks it needs to be reported to staff directly and during the Nightly Reflection meeting held every night.
29. Residents must follow the daily activity schedule and complete all assignments and treatment recommendations given to them by The Revolution in Counseling staff. Refusal to participate in the structured activities outlined daily within the therapeutic community is grounds for dismissal from the residences.
30. Residents must manage their hygiene daily- shower daily, brush teeth daily, wear deodorant, wear clean clothing, and maintain neat grooming of hair and facial hair.
31. Resident curfew is 10:00pm Sunday, Monday, Tuesday, Wednesday, Thursday, and 11:00pm on Friday and Saturday.
32. All Residents are required to complete daily chores as assigned. Participation in and completion of assigned chores is important to the overall well-being of the residences and sets a clean and welcoming living standard for the Therapeutic Community (See Resident Chore Board).

Sober Living Communities, LLC

I hereby agree and consent to all the conditions and guidelines above:

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<i>Resident Signature</i>	<i>Date</i>
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<i>Printed Name</i>	

Witness or Staff at Sober Living Communities, LLC

Date

(Revised 12/2021)