

We Don't Understand the Drug Issue in America

**Gene Gilchrist, Ph.D.
Chief Executive Officer
Stay Clean**

The Stereotype



The Stereotype



The Problem We Don't Understand

The Common Image Is A Part of the Problem



**582,462'
Homeless**

**378,600'
Homeless SUD**

**40.3 Million Total -
SUD²**

≈1.0%

What Do You Know?

Most Dangerous Drug

Nicotine

The Deadliest Drugs

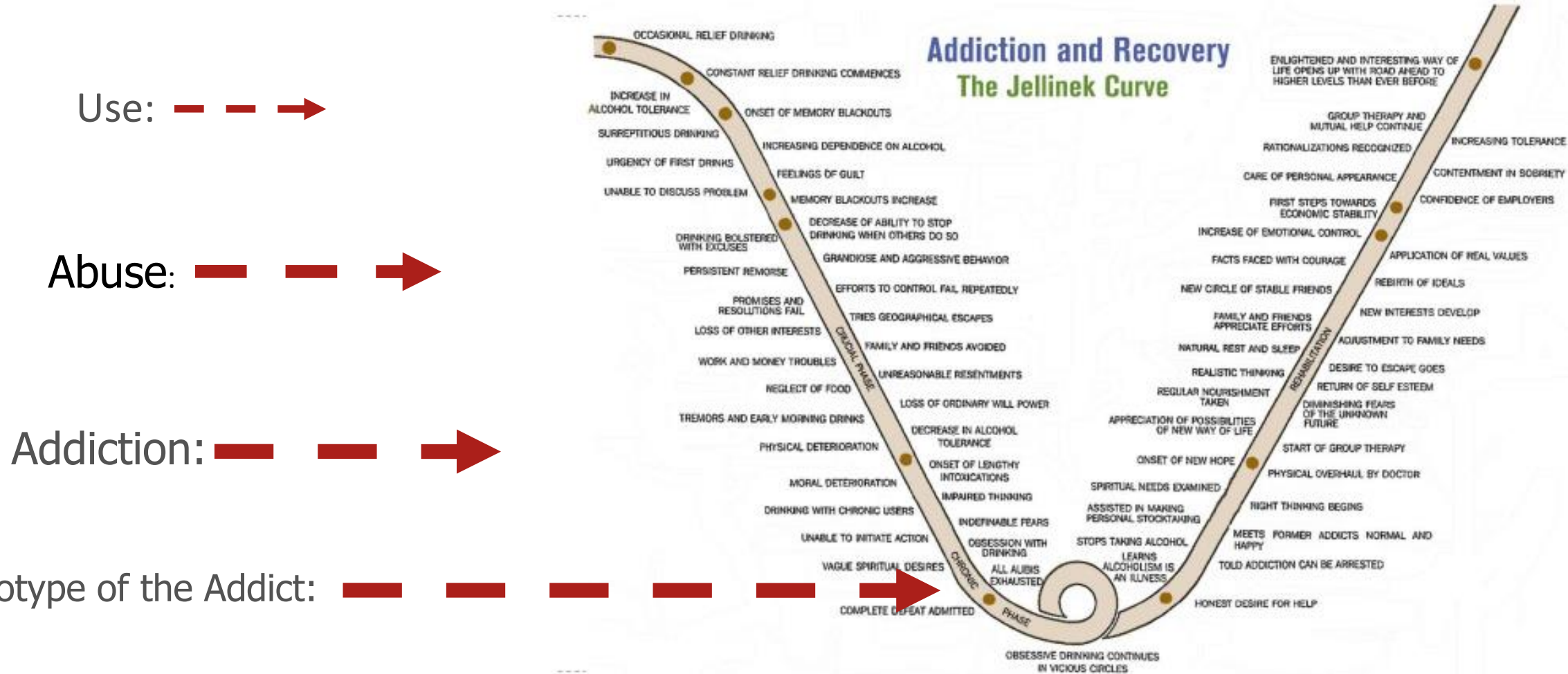
- Alcohol
- Caffeine
- Marijuana
- Nicotine
- Schedule I Narcotics
- Schedule II Narcotics

Mortality

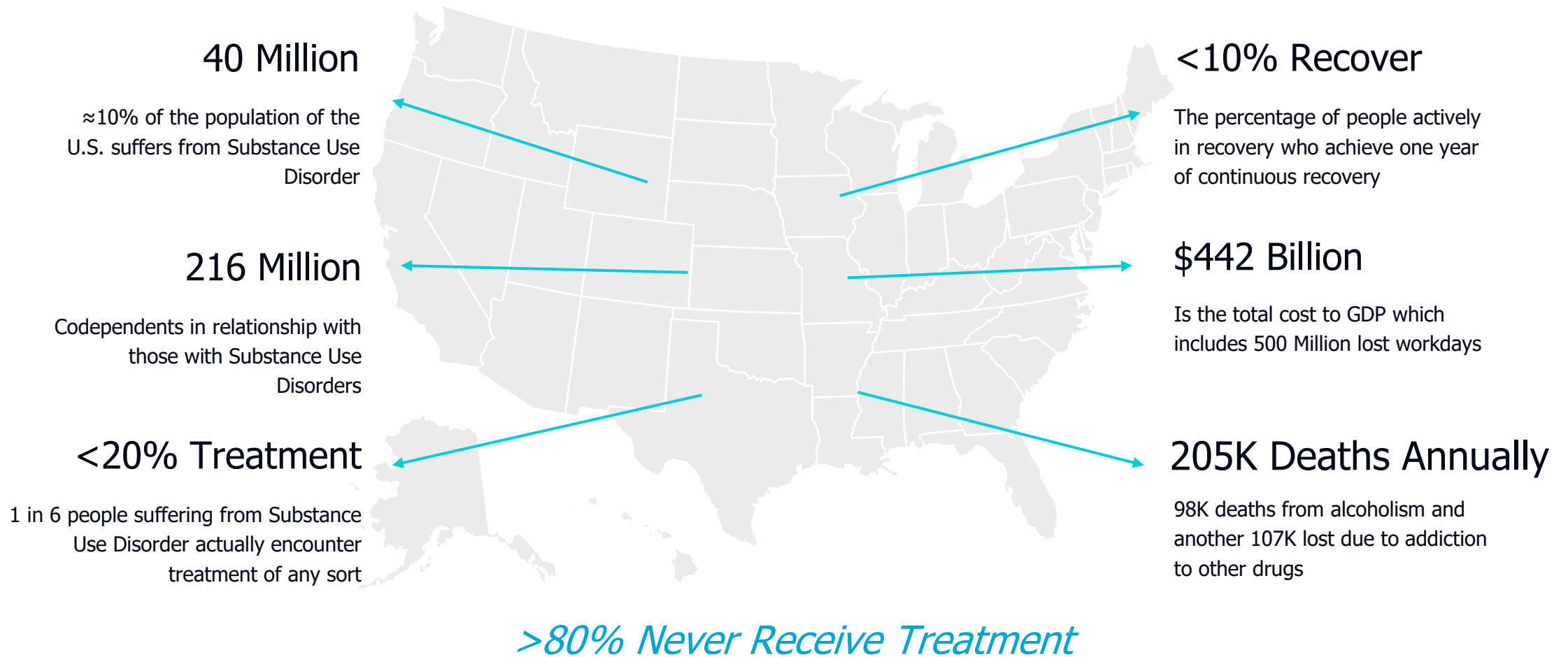
Nicotine	468,000
Schedule I, II	107,000
Alcohol	98,000
Marijuana	0?
Caffeine	≈0
Total	673,000
Heart Disease	696,962

The Stigma

Development of Addiction



The National Data



Who Are The SUD Victims?



The Reality

2018 member survey from Narcotics Anonymous

- Average age 46
- 57% male, 42% female
- 91% employed, enrolled in school, parenting or retired
- Ethnicity: 70% Caucasian
 - 16% African American
 - 7% Hispanic American
 - 4% Multi-racial
 - 2% Asian American
 - 1% Indigenous American

Your Co-worker

Your Parishoner

Your Neighbor

Your Golf Buddy

Your Family Member

The Problem We Don't Understand

The Reality

61.6 million binge drinkers

17.7 million heavy drinkers

59.3 million drug abusers
(49M marijuana)

And

216 million family members

And we are passing it on

Using Alcohol or Drugs

8th Graders 11.0%

10th Graders 21.5%

12th Graders 32.6%

<https://www.samhsa.gov/newsroom/press-announcements/202110260320>.

<https://nida.nih.gov/news-events/news-releases/2022/12/most-reported-substance-use-among-adolescent>

The Cost

- 40% of homicides
- 40-60% of violent crime
- 30-40% of domestic abuse
- 37% of sexual assaults
- 27% of aggravated assaults
- 15% of robberies
- 60-70% of homeless population
- 1,146 Teen Overdose Deaths
- 43% Employee Under the Influence (on any given day)

<https://www.nih.gov>

<http://www.addictionhope.com/special-programs/nova-recovery-center>

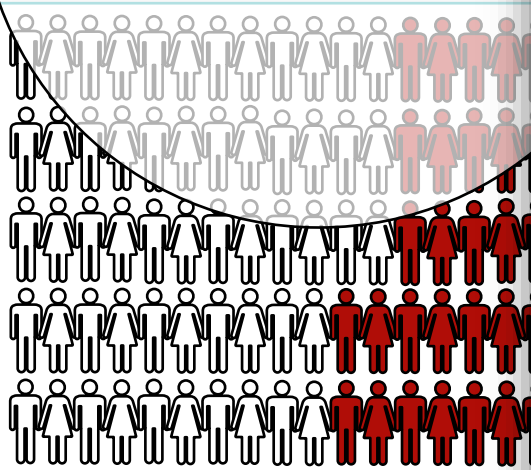
<https://www.alcoholrehabguide.org>

<https://www.alcoholrehabguide.org>

Employees/Employers At Risk

Empowering Employers and Employees To Enhance Their Well Being

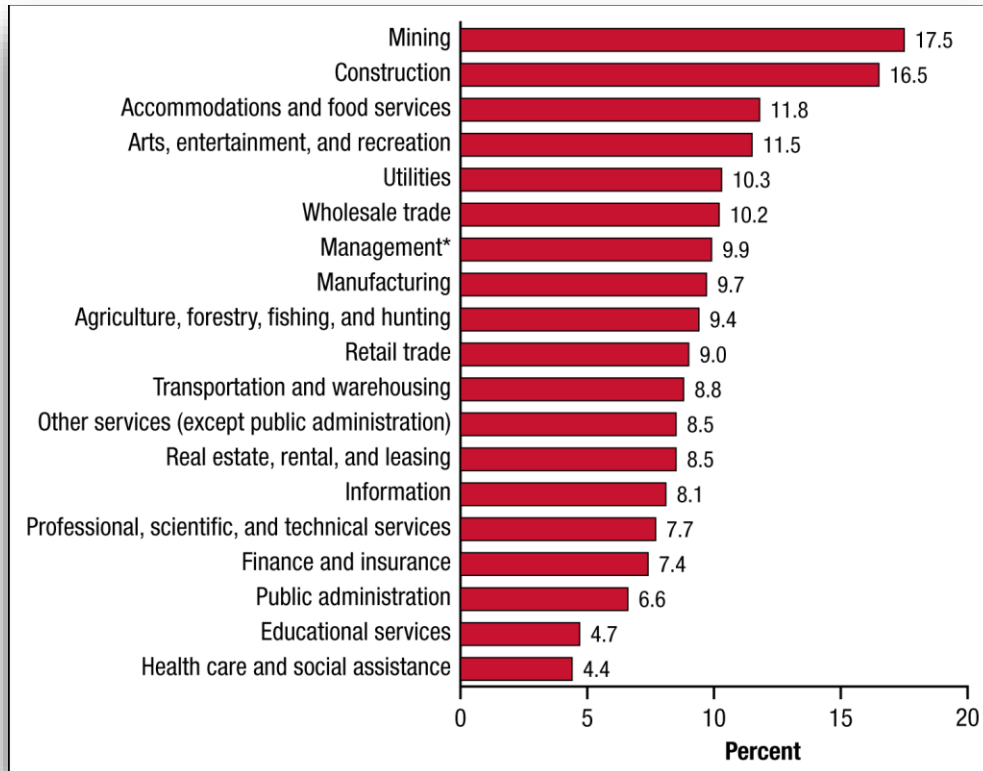
44/100
At Risk



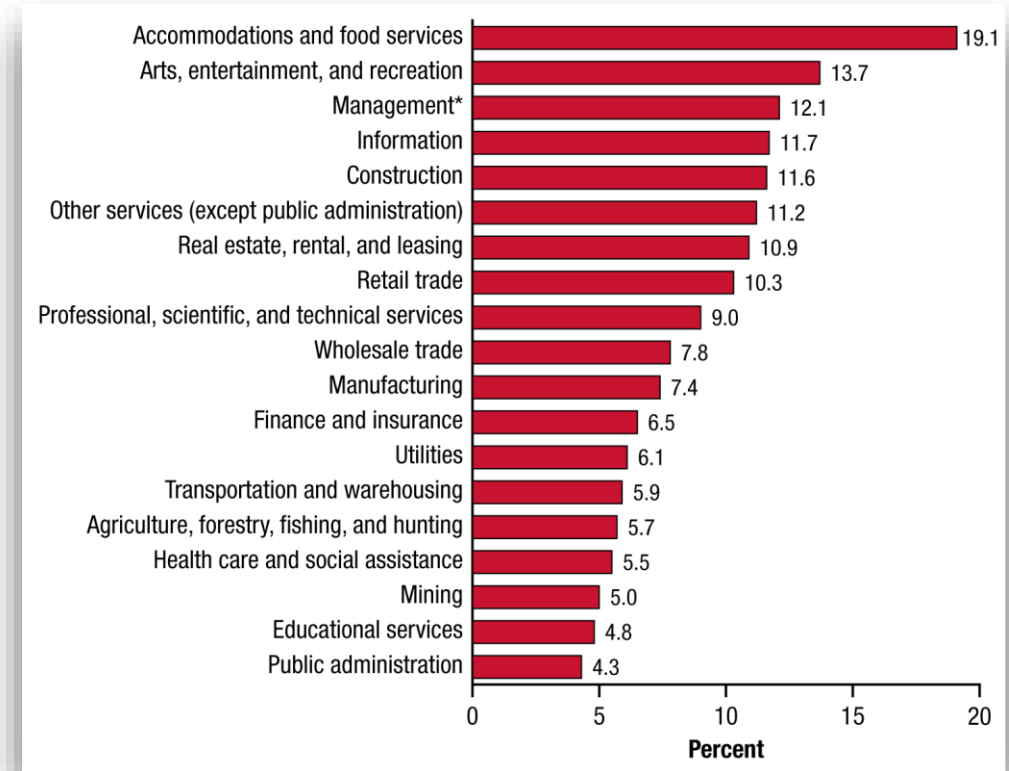
Workplace Risk Per 100 Employees			100				
Gender	Male	49%	Male 49		Female 51		Total
	Female	51%					100%
U.S. Census Bureau			<44	>44	<44	>44	
Age	>44	44.1%	27.4	21.6	28.5	22.5	100
	<44	55.9%					
Alcohol-Bureau of Labor Statistics							
Binge	30 Days	17%	4.7	3.7	4.8	3.8	17
Heavy	30 Days	6%	1.6	1.3	1.7	1.3	6
https://www.cdc.gov/alcohol/data-stats.htm							
Marijuana		13.5%	3.7	2.9	3.8	3.0	13.5
Prescription Drugs		7.1%	1.9	1.5	2.0	1.6	7.1
https://www.verywellmind.com/							
AUD	Men	8.4%	2.3	1.8	1.2	0.9	6.3
	Women	4.2%					
Sought Treatment	Men	7.4%	0.17	0.03	0.06	0.05	0.42
	Women	5.4%					
Drug Test Failure Risk							43.6

Substance Use, Abuse, Addiction Prevail Across Industry

Incidence of Alcohol Abuse per Month



Incidence of Narcotics Abuse per Month



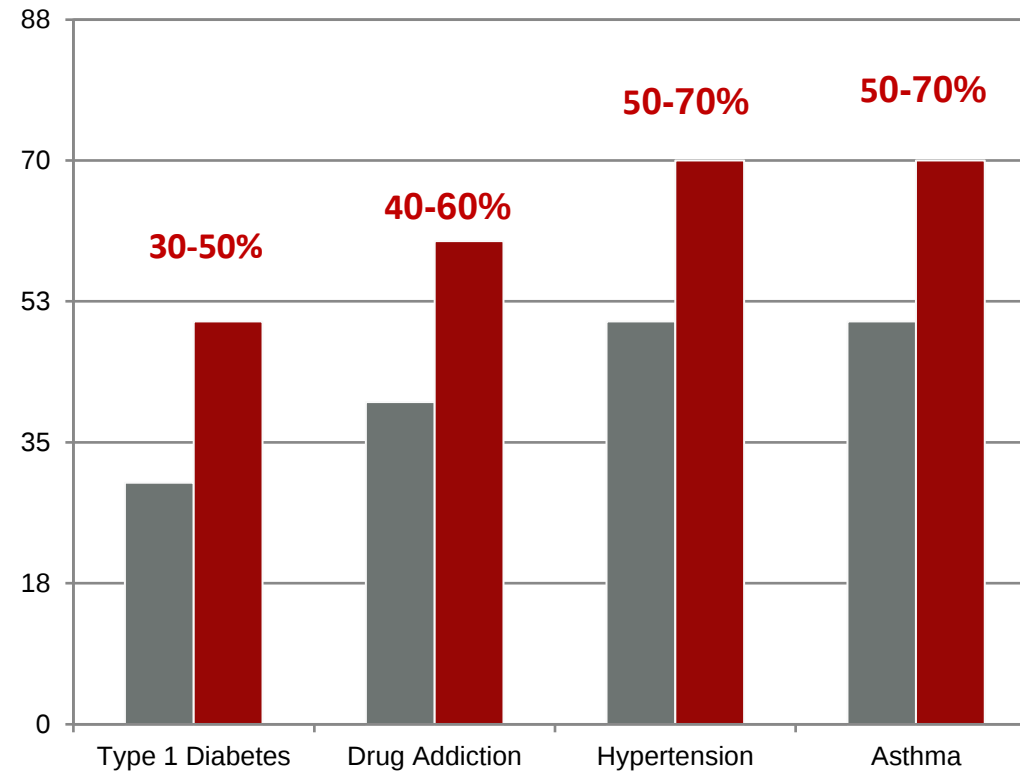
Relapse In Chronic Disease

Comparison of Relapse Rates Among Chronic Illnesses

Alcohol Year 1 = 30%
Year 2 = 51%

Opioids Week 1 = 54%
Year 1 = 91%

Cocaine Year 1 = 24%



Our Approach So Far

Temperance



Prohibition



12 Steps



War on Drugs



Just Say No



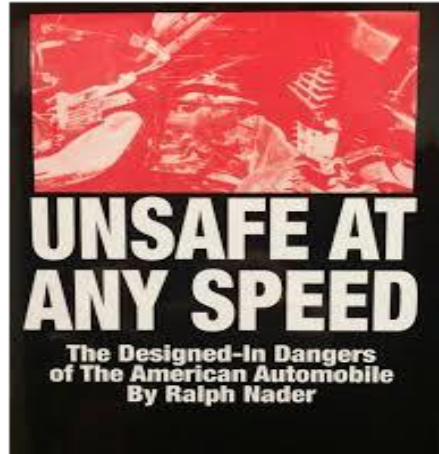
We Have Done This Before

Highway Deaths

54,589 1972

36,560 2018

+15% vehicles



Smokers

42% 1965

14% 2017



Opportunities

Eliminate the Stigma

Stop the War

Promote Recovery

Promote the Facts

Arm Influencers

Epidemiology

Encourage Screening

Harm Reduction

Evidence Based Treatment

Reimburse Realistically

Support Employers

Deploy MAT

Focus on Adolescents

Enhance Safe Prescribing

Genetic Testing

Opportunities

Eliminate the Stigma

Stop the War (on users)

Promote Recovery

Promote the Facts

Arm Influencers

Epidemiology

Encourage Screening

Harm Reduction

Evidence Based Treatment

Reimburse Realistically

Support Employers

Deploy MAT

Focus on Adolescents

Enhance Safe Prescribing

Genetic Testing

Until We Understand the Drug Issue in America

We Won't Solve the Problem

Until then,

The Age-Old Plague Continues