

Renesha Martin, MBA, LPCC, CCTSF, CCTIP, EMDR Clinician

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Louisville, KY

PROFESSIONAL PROFILE

Community leader, Licensed Professional Clinical Counselor, and Executive MBA with more than 10 years of experience advancing behavioral health, equity, and community partnerships throughout Louisville. Founder and co-owner of Martin & Muir Counseling, where I lead strategic initiatives that increase access to mental health services for underserved populations. Passionate about advocacy, collaboration, and creating systems that promote dignity, inclusion, and opportunity for all residents.

CORE STRENGTHS

- Community Engagement
- Human Relations & Advocacy
- Strategic Leadership
- Diversity, Equity & Inclusion
- Conflict Resolution & Mediation
- Cross-Sector Partnerships
- Public Speaking
- Behavioral Health Systems
- Program Development
- Board & Community Collaboration

PROFESSIONAL EXPERIENCE

Co-Owner & Executive Leader

Martin & Muir Counseling | Louisville, KY | 2016–Present

- Co-founded and lead a growing minority-owned behavioral health organization serving individuals, families, schools, and community organizations.
- Develop partnerships with Louisville agencies, schools, nonprofits, and healthcare organizations to expand access to mental health care.
- Lead organizational strategy, operations, workforce development, and community engagement initiatives.
- Design trauma-informed training programs for schools, businesses, and community organizations.
- Advocate for equitable access to behavioral health services across Louisville.

Founder

Strategies for Wellness

- Provide leadership coaching and workplace wellness consulting focused on psychological safety, resilience, and healthy organizational culture.
- Facilitate trainings that strengthen communication, leadership, and employee well-being.

COMMUNITY LEADERSHIP

- Office for Women Ambassador Program – Louisville Metro Government
- Co-Founder, MindFEST Louisville
- Founding Member, West Louisville Behavioral Health Collective
- Founding Member, Helpers Helping Helpers
- Bellarmine University Alumni Mentor
- Mentor, Kentucky Counseling Association Leadership Academy
- Community presenter on trauma-informed care, workplace wellness, and mental health advocacy

EDUCATION

Executive Master of Business Administration (MBA)

Bellarmino University

Master of Arts, Clinical Mental Health Counseling

Webster University

Bachelor of Arts

Northern Kentucky University

LICENSES & CERTIFICATIONS

- Licensed Professional Clinical Counselor (LPCC)
- Certified Clinical Trauma Specialist
- EMDR Trained Clinician

HONORS & RECOGNITION

- Kentucky Colonel
- Bellarmine University Commencement Student Speaker
- Leadership Louisville – Alice Houston Women's Leadership Program Graduate

BOARD INTEREST

I am committed to helping Louisville become a community where every resident feels respected, valued, and heard. I hope to contribute my experience in behavioral health, conflict resolution, community collaboration, and systems leadership to advance the mission of the Human Relations Commission Advocacy Board.